



# PLAN, SEEK, BECOME

*Setting A Course For Your Future*



Identifying your future plans, establishing legal tactics to help you get there and organizing for success is what Plan, Seek, Become is all about.

Without these three steps your legal case can flounder in the water like a ship without a rudder. While the concepts are broad, there are a few specific areas we focus on in the Pursue Happiness™ program.

## **ORGANIZATION**

Proper planning and organization can help you avoid stressful situations. For example, it is far too common for people to wait until deadlines to take action only to find out they don't have enough time, they didn't thoroughly complete the work, or didn't allow time for review with their attorney.

It is important to be actively involved in your legal case and we can help with some great tips!

## **GOAL SETTING**

Identifying goals early on in your family law case may lead to better outcomes. Here are some reasons why:

### **Goals Help Keep Your Case On Track**

It is easy to get distracted by events that come up during your legal case. However, sometimes they are just that, a distraction, and can misdirect your time, money or other resources on things that are not very important to your long-term goals.

### **Monitor Your Budget**

Most people don't have unlimited financial resources. You need to spend your money wisely and that includes your legal budget.

### **Goals Help You Prioritize**

If you know what your goals are, it is often easier to make decisions in your legal case when you are presented with several options. Choosing a path is often very difficult if you are not sure where you are going!

The Pursue Happiness program can help you identify and set goals for your family law case. Once you have them, share them with your attorney and work together to achieve them!

### **Personal Relationships**

It is often not a surprise to know that a family law case can add stress to personal relationships. Sometimes the relationship is your immediate family such as a spouse, ex-partner or child and sometimes more extended relationships such as in-laws, friends and colleagues at work. Now is precisely the time you should pay close attention to personal relationships that matter and actively work to support and grow those connections.

### **Personal Growth and Development**

While personal growth and development are not usually the first thing that come to mind during a difficult family law case, it can be an advantageous time to reflect on the past and plan a course for the future.

Too often people wait until after their family law case is over to plan to enhance themselves because they think there is too much happening. But instead, consider that it may be a great time to access your situation and make positive changes before agreeing to legal provisions that may limit choices in the future.

Nothing that we will suggest here is hard, but it does take some effort. Fortunately, we can help and we think it will be worth your time!



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